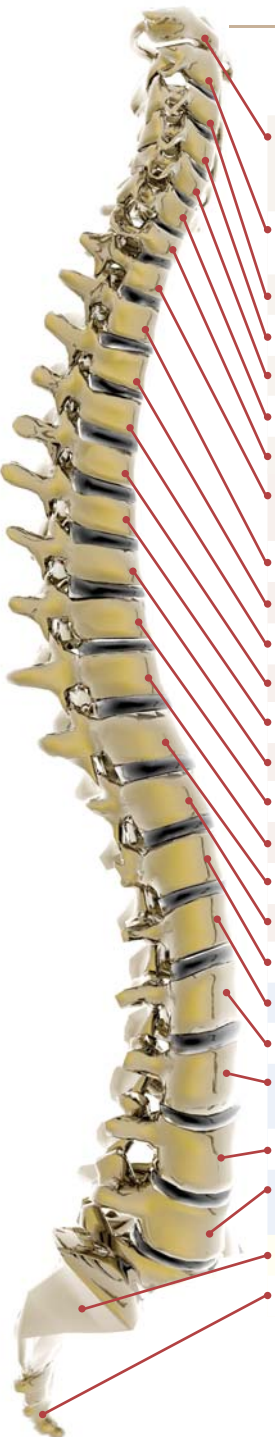


Chart of Effects of Spinal Subluxations

Every part of the body is controlled by nerves, and every one of these nerves connects directly or indirectly with the spine. This chart was compiled from over a dozen standard medical text and reference books.



	Areas known to receive nerve fibers from these nerves.	Some of the conditions may result from pressure on, or interference with, these nerves.	
C1	Blood supply to the head, the pituitary gland, the scalp, bones of the face, the brain itself, inner and middle ear, the sympathetic nervous system	Headaches, nervousness, insomnia, head colds, high blood pressure, migraine headaches, mental conditions, nervous breakdowns, amnesia, sleeping sickness, chronic tiredness, dizziness or vertigo	NECK REGION
C2	Eyes, optic nerve, auditory nerve, sinuses, mastoid bones, tongue, forehead	Sinus trouble, allergies, crossed eyes, deafness, eye troubles, earache, fainting spells, certain cases of blindness	
C3	Cheeks, outer ear, face bones, teeth, trifacial nerve	Neuralgia, neuritis, acne or pimples, eczema	
C4	Nose, lips, mouth, eustachian tube	Hay fever, catarrh, hard of hearing, adenoids	
C5	Vocal cords, neck glands, pharynx	Laryngitis, hoarseness, throat conditions like a sore throat or quinsy	
C6	Neck muscles, shoulders, tonsils	Stiff neck, pain in upper arm, tonsillitis, whooping cough, croop	
C7	Thyroid gland, bursae in the shoulders, the elbows	Bursitis, colds, thyroid conditions, goiter	
D1	Arms from the elbows down, including the hands, wrists and fingers, also the esophagus and trachea	Asthma, cough, difficult breathing, shortness of breath, pain in the lower arms and hands	MID-BACK
D2	Heart including its valves and covering, also coronary arteries	Functional heart conditions and certain chest pains	
D3	Lungs, bronchial tubes, pleura, chest, breast, nipples	Bronchitis, pleurisy, pneumonia, congestion, influenza	
D4	Gall bladder and common duct	Gall bladder conditions, jaundice, shingles	
D5	Liver, solar plexus, blood	Liver conditions, fever, low blood pressure, anemia, poor circulation, arthritis	
D6	Stomach	Stomach troubles, including nervous stomach, indigestion, heartburn, dyspepsia, etc.	
D7	Pancreas, islands of Langerhans, duodenum	Diabetes, ulcers, gastritis	
D8	Spleen, diaphragm	Hiccoughs, lowered resistance	
D9	Adrenals or supra-renal glands	Allergies, hives	
D10	Kidneys	Kidney troubles, hardening of the arteries, chronic tiredness, nephritis, pyelitis	
D11	Kidneys, ureters	Skin conditions like acne, pimples, eczema, or boils	
D12	Small intestines, fallopian tubes, lymph circulation	Rheumatism, gas pains, certain types of sterility	
L1	Large intestines or colon, inguinal rings	Constipation, colitis, dysentery, diarrhea, ruptures or hernias	LOW-BACK
L2	Appendix, abdomen, upper leg, cecum	Appendicitis, cramps, difficult breathing, acidosis, varicose veins	
L3	Sex organs, ovaries or testicles, uterus, bladder, knee	Bladder troubles, menstrual troubles like painful or irregular periods, miscarriages, bed wetting, impotency, change of life symptoms, many knee pains	
L4	Prostate gland, muscles of the lower back, sciatic nerve	Sciatica, lumbago, difficult, painful, or too frequent urination, backache	
L5	Lower legs, ankles, feet, toes, arches	Poor circulation in the legs, swollen ankles, weak ankles and arches, cool feet, weakness in the legs, leg cramps	
SACRUM	Hip Bones, buttocks	Sacro-ialic conditions, spinal curvatures	PELVIS
COCCYX	Rectum, anus	Hemorrhoids or piles, pruritis or itching, pain at the end of spine on sitting	

Notes:

1. Only the most common conditions and diseases are listed above. It is suggested that you consult your Chiropractor in regard to anything not found on this chart.

2. Very few of the conditions listed above wholly fit within the control of anyone special nerve. It is up to your Chiropractor to determine the exact location of the cause of the trouble by the method he feels best suited for your case.